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# Behavioral Technology Acceptance Model In Health Care Industry: Systematic Literature Review

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#### **Abstract**

Identify the problems of several Research Gaps, namely the lack of breadth and depth in the Technology Acceptance Model (TAM) variables with other variables that will be tested, as well as potential variables that contribute to improvements to the proposed model. This research is a systematic literature review that discusses descriptively the components of the Technology Acceptance model in health services and creates a conceptual framework in health services. Articles were taken from three databases, namely EBSCOhost, Proquest, Emerald with exclusion criteria, namely academic journals and article formats in English. Based on full text screening, 255 articles were obtained with the criteria research focus, unit of analysis, data collection unit, context, digital-based health services. After reviewing 52 articles based on complete content, systematic literature reviews and digital-based health services, the journals synthesized were 15 journals based on technology acceptance in the digital health services industry. The impressive conclusion of the research results is the relationship between external variables such as practical experience and skills on the use of health technology which is influenced by beliefs and culture among users of digital-based health services.

**Keywords:** Conceptual Acceptance Frameworks, In health Care Industry, Systematic Literature Review, Technology Acceptance Model.

# Model Perilaku Penerimaan Teknologi Pada Industri Pelayanan Kesehatan: Tinjauan Literatur Sistematis

## Abstrak

Identifikasi permasalahan dari beberapa Research Gap yaitu belum adanya keluasan dan kedalaman pada variable Technology Acceptance Model (TAM) dengan variabel lain yang akan diuji, serta potensi variable yang memberikan kontribusi penyempurnaan terhadap model yang diajukan. Penelitian ini merupakan tinjauan literatur sistematis yang membahas secara deskriptif tentang komponen model Penerimaan Teknologi dalam pelayanan kesehatan dan membuat kerangka konseptual dalam pelayanan kesehatan. Artikel diambil dari tiga database yaitu EBSCOhost, Proquest, Emerald dengan batasan kriteria ekslusi yaitu jurnal akademik dan format artikel dalam bahasa Inggris. Berdasarkan penyaringan teks lengkap diperoleh 255 artikel dengan kriteria Fokus penelitian, unit analisis, unit pengumpulan data, konteks, layanan kesehatan berbasis digital. Setelah mereview 52 artikel berdasarkan konten lengkap, tinjauan literatur sistematis dan layanan kesehatan berbasis digital, jurnal yang disintesis adalah 15 jurnal berbasis penerimaan teknologi pada industri layanan Kesehatan digital. Kesimpulan hasil penelitian yang mengesankan adalah hubungan antara variabel eksternal seperti pengalaman praktis dan keterampilan terhadap penggunaan teknologi kesehatan yang dipengaruhi oleh kepercayaan dan budaya pada pengguna layanan kesehatan berbasis digital.

**Kata Kunci:** Kerangka Penerimaan Konseptual, Industri Pelayanan Kesehatan, Tinjauan Literatur Sistematis, Model Penerimaan Teknologi.

#### 1. Introduction

TAM has come a long way. There are still many interesting directions for making future discoveries. The reason for taking the TAM variable in health care is because telemedicine applications from 1999-2017 in the Information and Communication Technology (ICT) application area use TAM, implying acceptance of technology is a major challenge in utilizing ICT to develop health services1. The technology acceptance model (TAM), introduced in 1986, continues to be the most widely applied theoretical model in the field of information systems, several previous efforts have tested its achievements and have limitations such as the lack of breadth and depth in the TAM variable with other variables that will tested, as well as potential variables that can improve the predictive performance of TAM. Increasing user interest in health information technology (IT) has increased the importance of theories that predict and explain the acceptance and use of digital health services2. Researchers identified problems from several Research Gaps that were found, namely the lack of breadth and depth in the Technology Acceptance Model (TAM) variables with other variables to be tested, as well as potential variables that could improve the predictive performance of TAM and contribute to improvements to the proposed model<sup>3</sup>. Therefore, based on this the authors get two research questions, namely:

- **1. RQ1**: What are the components of Technology Acceptance model in health care industry? (Descriptive)
- 2. RQ2: How are other conceptual acceptance frameworks available in health care industry? (Implementation). The aim of this research is a systematic literature review that discusses descriptively about the components of Technology Acceptance model in health care industry and makes a conceptual framework in the health care industry.

### 2. Method

## 2.1. Search Strategy

From the three selected databases, namely EBSCOhost, Proquest, Emerald, the

search strings (construct, keywords, codes, search strings) were obtained as follows: Components Factors, elements, Components" OR "Factors" OR "elements" OR "parts". "Components" OR "Factors" OR "elements" OR "parts" AND Technology Acceptance Model Technology Acceptance Model "Technology Acceptance Model". "Technology Acceptance Model" **AND** Conceptual Theoritical. "conceptual" "conceptual" OR Theoritical," Theoritical" AND Acceptance Recognition, Approval, Agreement." A c c e p t a n c e " Recognition" OR OR "Approval" OR "Agreement" "Acceptance" OR Recognition" OR "Approval" "Agreement" AND Frameworks Contexts, bases. "Frameworks" OR Contexts" OR "bases". "frameworks" OR Contexts" OR "bases" AND Health care Industry Health Care Industry"Health Industry". "Health Care Industry".

### 2.2. Inclusion and Exclusion Criteria

Articles are taken from three databases, namely EBSCOhost, Proquest, Emerald with search limitations, namely academic journals, article format and in English. 3,800 articles were obtained and duplicates were removed. From 3,800 articles, 750 articles were obtained which will be screened with the appropriate title and abstract criteria. Based on full text screening, 255 articles were obtained with the criteria research focus, unit of analysis, data collection unit, context, digital-based health services. After 255 articles were filtered according to the inclusion criteria, 52 final papers were obtained which would be reviewed with details from the Emerald database, 52 final papers were obtained which will be reviewed with details from the Emerald database obtained 6 articles, Proquest 18 articles, EBSCOhost 28 articles for a total of 52 articles. The article screening process is detailed in Figure 1.

### 3. Results

Full text articles assessed for eligibility (n=52) with details from Emerald 6 articles, Proquest 18 articles, EBSCOhost 28 articles.

After reviewing 52 articles based on complete content, systematic literature reviews and digital-based health services, the journals synthesized were 152 journals based on technology acceptance in the digital health services industry. To answer RQ 1 and RQ 2, a systematic characteristic table of literature review was made as in table 1.

Based on table 1, we can answer research question (RQ) 1 and research question (RQ) 2, is a dimension of TAM in the healthcare industry which consist of the relationships among patients, caregivers and health-care providers are framed in the cyberphysical domain, with major implications on the design and delivery of health services, Crowdsourcing, Distributed Intelligence, Science. Participatory Extreme citizen Science, The acceptability, adherence, and usability of the connected health technologies, Thoughts, Emotion, Behavior, physiological response, user-rated quality of the standalone mobile mindfulness app and use of the app, leading to greater self-confidence, better cooperation, and practical experience and skills, self management, trust, culture, Psychological Intervention and gamification. Answering research question (RQ) 2 we can look at the technology acceptance model in health care are perceived usefulness, perceived ease of use, e-health safety, e-trust and e-health belief. Technology Acceptance model in the health care industry is the relationship between external variables such as practical experience and skills on the usability of health technology<sup>2</sup>).

#### 4. Discussion

Based on the research objective, namely to determine the components or dimensions of the TAM variable in digital health services, the results obtained by the TAM dimensions consist of perceived usefulness, perceived ease of use, e-health safety, e-trust and e-health belief. The increase in the use of TAM appears to be justified by the many associations defined by TAM that apply in the health care industry setting. Perhaps the most impressive is that the relationship between external variables such as practical experience and skills on the usability of the connected health technologies which is influenced by trust and culture that results in the use of health applications in digital media. Therefore, to better explain the research question (RQ 2), the author tries to create a technology acceptance model in the health care industry at figure 3.

### 4.1. Limitations

This systematic literature review has several limitations which are mostly related to the lack of research available for analysis such as the different cultures of each country which impact the behavioral model of technology acceptance. The healthcare industry is a highly developed industry in recent times. The components of TAM contained in the 152 syntheses of review articles are very varied and only implied, so the author must be able to provide an opinion that is in accordance with the external variables of the research object which are still generally described in this systematic review literature.

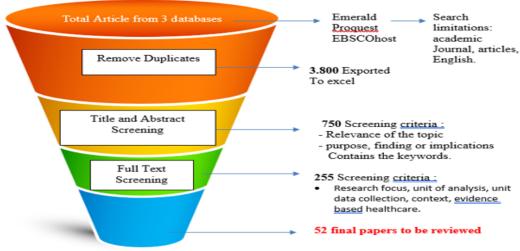


Figure 1. SLR Funnel

Table 1. Characteristics of Systematic Literature Review

No	Journal/Title	Research Objec-tive	Result	Components Of TAM In
110	Jour nai/ Title	Research Objec-tive	Result	healthcare Industry
1	Emerald / Addressing health literacy in the digital domain: insights from a literature review <sup>4</sup>	The digitalization of healthcare reframes health literacy in a cyber-physical environment.	This article is about digital health literacy and investigates the role of healthcare organizations in delivering healthcare in a digital health literacy environment	The transition to digital health has enormous implications for the delivery of health services <sup>5</sup> . This requires that healthcare users and providers develop tailored skills and competencies to navigate digital healthcare system and to overcome unprecedented barriers to achieving goals and appropriate access to treatment <sup>6</sup> .
2	Emerald / Open innovation approach participate in produc-ing scientific knowledge: user examination in the healthcare eco-system <sup>7</sup> .	This article applies the phenomenon of citizen science – namely the involvement of ordinary people in research aimed at advancing scientific knowledge in the health sector.	Science enables the development of a dynamic healthcare ecosystem from data collectors to data analysts. In addition, it gathers active user involvement in co-creation of value.	a.Crowdsourcing b.Distributed Intelligence. c.Participatory Science. d.Extreme citizen Science.
3	JMIR MENTAL HEALTH / eHealth Interventions for Treatment and Prevention of Depression, Anxiety, and Insomnia During Pregnancy:Systematic Review and Meta- analysis <sup>8</sup>	The objective of this systematic review and meta-analysis is to de-termine the effec-tiveness of eHealth interven-tions in preventing and treating depres-sion, anxiety, and insomnia during pregnancy. Sec-ondary aims are to identify demo-graphic and intervention mod-erators of effec-tiveness.	The results showed that during pregnancy, eHealth interventions showed small effect sizes in preventing and treating symptoms anxiety and depression and a moderate effect size for treating insomnia symptoms. Except for the type of intervention for depressive symptom outcomes, where mindfulness interventions outperformed other types of interventions.	a. Anxiety b. Depression c. Insomnia Several studies included both depression and anxiety symptoms as outcomes (7/17, 41%). The results indicated that during pregnancy.
4	International Journal of Environmental Research and Public Health (MDPI) / Does Connected Health Technology Improve H e a l t h - R e l a t e d Outcomes in Rural Cardiac Populations? Systematic Review	This systematic review aims to understand the types and impacts of home-based health technology, used by individuals living in rural areas with Cardio Vascular Disease (CVD). Inclusion criteria are included technology implemented in participants' homes and can take the form of mHealth	Based on Existing findings show that there is great potential for implementing connected health technology, but this is due to the low potential for implementing connected health technology number of studies that meet the inclusion criteria, further research is needed in rural areas	The acceptability, adherence, and usability of the connected health technologies.
	Narrative Synthesis <sup>9</sup>	(smart devices, fitness trackers or app) or telehealth interventions.	those living with cardiovascular disease.	

	BMJ Open /	The method and analysis	The primary outcomes were sleep	a. Thoughts
5	'Mindfulness Living	of this research is mHealth,	quality, insomnia symptom severity and	b. Emotion
	with Insomnia': an	randomized controlled	sleep activity, according to the Pittsburgh	c. Behaviour
	mHealth intervention	trial. Two hundred and fifty	Sleep Quality Index, Insomnia Severity	d. physiological response.
	for individuals with	Participants will be allocated	Index and Mi Smart Band sleep tracker,	
	insomnia in China:	randomly and evenly either	respectively. Secondary outcomes were	
	a study protocol of a	the MLWI or CBT-I group.	perceived stress, anxiety, depression and	
	randomised controlled	Intervention will occur	concern. Outcomes will be evaluated at	
	trial <sup>10</sup>	involves 12 sessions over a 6	baseline, end of the intervention period	
		week course, with 2, 30 minute	and at 3-month follow-up.	
		sessions per week.		
	BMJ Open / Teleoph-	Patients with suspected retinal	The result of an AI diagnostic study is	Computer interaction
	thalmology-enabled and	disease, undergo eye exam and	diagnostic accuracy referral decisions	of Tele-Medicine and
	artificial intelligence-	optical coherence tomography	made by Moor-fields-DeepMind AI.	Artificial Intelligence
	ready referral pathway	(OCT) scans, will be recruited	HERMES Study (Teleophthalmolo-gy-	Decision Support Systems
	for community optome-	at 24 optometry practices in	enabled and artificial intelli-gence-ready	in eye care referral
	try referrals of retinal	English. Optometry practices	referral pathways for retinal disease	pathways.
6	disease (HERMES): a	will be randomized to standard	community optome-try referral is a pro-	
	Cluster Randomised	care or teleophthalmology	spective, multicenter implementation	
	Superiority Trial with		sci-ence study that as-sesses clinical	
	a linked Diagnostic		utility, cost-effectiveness and human re-	
	Accuracy Study—		sources.	
	HERMES study re-port			
	1—study protocol <sup>11</sup>			
	*		The primary out-comes are symp-toms	•
	of a stand-alone mobile	through app track-ing. People,	of emotional distress and fertility-related	are mindfulness skills,
	mindfulness app in	· ·	quality of life. Secondary outcomes are	1
			, 1	thinking, self-compassion,
	infertility: the protocol	•	thinking, self-compassion, user-rated	1 ,
	for an exploratory		quality of the stand-alone mobile	
7			mindfulness app and use of the app.	* 1
7	trial (MoMiFer-RCT) <sup>12</sup>	**	Experience sampling method and stand-	of the app.
			ardised self-report questionnaires are	
		group. The app follows the format and con-tent of	combined within a repeated measures design to measure the effects of the	
		Mindfulness-Based Stress Re-	stand-alone mobile mindfulness app on	
		duction. Data will be collected	the primary and secondary out-comes,	
		at base-line, at 1.5 months and	apart from the use of the app.	
		3 months after randomisation.	apart from the use of the upp.	
8	International Journal	A systematic liter-ature review	The study used a variety of digital tools	leading to greater self-
	of Environmental	was conducted in PubMed, CI-	to increase students' knowledge of	
	Research and Public	NAHL, MED-LINE, Web of	behavior change techniques individuals	cooperation, and practical
	Health (MDPI) / Digi-	Science, SAGE, Scopus, and	with chronic illnesses, leading to greater	experience and skills.
	tal Tools in Behavior	Cochrane Library databases	self-confidence, better cooperation, and	
	Change Support Edu-	and by reverse citation search.	practical experience and skills. The most	
	cation in Health and	We used PRISMA 2020	common limitations felt in using this tool	
	Other Students: A	guidelines to describe the	are time and space limitations.	
	Systematic Review <sup>13</sup>	search process for rele-vant		
		literature.		

Wiley / Effectiveness Methods: systematic Two independent reviewers screened Self management of mobile health-based search was carried out on titles and abstracts, assessed full-text (medication adherence. self-management articles, and extracted data from articles MEDLINE (via PubMed). adherence medical application Web Science, Scopus, and that met inclusion criteria. All reviewed regimen, for and remote posttransplant cares: A Science Direct from inception articles were divided into four categories, monitoring), evaluation, systematic review14 to November 2020. Preferred self-management (treatment adherence, interaction, and interface. Reporting Items for Systematic adherence to medical regimen, and Reviews and Meta-Analyses remote monitoring management). 62.5% of studies showed m-health use (PRISMA) statements used in this study. Comprehensive improved medication adherence and 9 research was carried out using self-management in transplantation. a combination of keywords and MeSH terms related to m-Health, empowerment, self-management, and transplantation. Two independent reviewers screened titles and abstracts. assessed full-text articles, and extracted data from articles that met inclusion criteria. Nature Partner Journal In this article, we summarize The conclusion is that smartphones are / A systematic review existing approaches very suitable for HAR research in health smartphone-based HAR. For sciences. For population-level impacts, smartphonebased human activity this purpose, we systematically Future research should focus on imrecognition methods for searched Scopus, PubMed, and proving the quality of data collected, health research15 the Web Science for similar addressing missing data, and involving a 10 articles published more diverse set of participants, relaxing review through December 2020 on the requirements about phone assignment, use of smartphones for HAR. providing more complete documentation about study participants, and sharing source code of applied methods and algorithms. Nature Partner Journal In October 2020, the PsycInfo, Consider the specific situation and A. Culture / Cultural adaptation of MEDLINE, Embase, Cochrane perspective of the target population. B.Psychological internet- and mobile-Central Register of Controlled Compliance and effectiveness of the Intervention. Trials, and Web of Science based interventions adapted IMI appear to be similar to the systematically searches for original IMI; however, no studies have for mental disorders: a systematic review16 studies that culturally adapt conducted direct comparisons. The IMI taxonomy of cultural adaptations for IMI for mental disorders. 11 Among the 9438 recordings mental health is presented for future played, we identified 55 research investigating the relevance and necessity of cultural adaptations. eligible articles. We extracted 17 content, methodological, procedural components of the culturally adapted IMI, with the aim of achieving these goals

	JMIR Mental Health	A total of 5597 articles	A random effects model was conducted	Gamification.
	/ Examining the	were identified across five	to examine the influence of mental health	
	Effectiveness of	databases. After screening, 38	apps on depressive symptoms. The	
	Gamification in Mental	studies (n=8110 participants)	number of gamification elements in the	
	Health Apps for	remained for data extraction.	application was included as a moderator.	
12	Depression: Systematic	Of these studies, 50 total	The results show effect sizes were	
	Review and Meta-	comparisons between post-	moderate across all mental health apps	
	analysis 17	intervention mental health app	where the mental health app intervention	
		intervention groups and control	effectively reduced depression.	
		groups were included in this		
		meta-analysis study.		
	Pharmaceutical	Trust with the company and	This study found that perceived risk is	This study proposes to
	marketing: Directions	customer risk perception	significant and therefore perceived trust	understand the factors
	for customer orientation	are included as mediating	needs to be increased to make customers	that are critical for
	(Article) <sup>18</sup>	and moderating variables	more satisfied. The study concludes that	patient satisfaction in the
		respectively in the model.	customer satisfaction is an important	Pharmaceutical Sector
		A Structural Equation	factor in the pharmaceutical market and	based on upcoming
		Modeling (SEM) estimates the	marketing strategies aligned with the	trends like targeted
		significance of the association.	"SAVE" philosophy can help marketers	therapy, personalized
13			significantly.	medicine, etc. Important
				variables that capture
				patient perceptions of
				satisfaction such as drug
				quality, drug education
				quality, drug affordability,
				drug availability and drug
				quality are included in the
				model.
		This paper theo-retically pro-	The findings reveal that there is a	•
		poses the rela-tionship be-	significant positive effect there is a	
		tween pharma-ceutical market-	relationship between pharmaceutical	0
	Patient Satisfaction: An		marketing ethics and partial Islamic	other social factors.
14	Islamic Approach <sup>19</sup>	health services for patient satis-	marketing mechanisms	Innovation-based health
		faction and re-searched with	mediate health quality.	services, pharmaceuticals
		primary data. It also highlights		The company plays a big
		the effects of mediation Islamic		role to contribute and
		marketing mechanisms from		develop in this industry.
	Technology Acceptance	an ethical context.  Systematic Scoping Review We	Thematic analysis was conducted to	the end user in this user-
	of Home-Based Cardiac	searched PubMed, CENTRAL,	explore external variables influence the	centered approach it
	Telerehabilitation	Embase, CINAHL, PsycINFO,	acceptability of home-based cardiac	also includes healthcare
	Programs in Patients	and Scopus (from July 2021)	telerehabilitation can reduce the risk	providers provides
	With Coronary Heart	for English language paper	of significant data loss from studies	home-based cardiac
15	Disease: Systematic	reporting empirical evidence	included in our review.	telerehabilitation,
13	Scoping Review <sup>20</sup>	on the acceptability of early	meraucu m our leview.	evaluation acceptance of
	scoping review	phase home-based cardiac		the technology from a
		technology elerehabilitation in		provider perspective is not
		patients with coronary heart		included because it is not
		•		the focus of this review.
		disease.		the focus of this review.

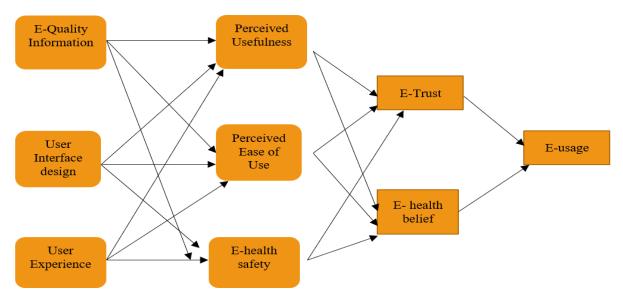


Figure 2. Other conceptual acceptance frameworks available in health care industry

### 5. Conslusion

A descriptive discussion of the components of the Technology Acceptance model in the health care industry is the relationship between external variables such as practical experience and skills on the usability of health technology which are connected and influenced by beliefs and culture that produce digital user behavior. For further research related to TAM, we can examine the influence of a country's culture on the behavioral model of accepting health technology.

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